

# **Roundtable Meeting Summary Notes**

**October 18, 2025**

**3:00pm Central Time via Zoom**

Attendees: Laura B (Organizer and Meeting Leader, ISB), Megan C and Theresa (IIG), Laura M (ILC), Gaylynn (New Meetings), Bridgett (Retreat), Laura F (Tools Workshop), Kira (ISB), Traci (Website)

Notetaking: Laura B

Meeting was opened with the Serenity Prayer.

Laura B welcomed attendees to the roundtable and read the 12 Traditions of ISA

Laura B reviewed ground rules for the meeting which were distributed to attendees along with the agenda prior to the meeting (see attached). It was noted that each Committee would have five minutes to present on their work, needs, etc. and that questions would be saved until the end of the presentation. Presentations then began.

## **Presentations**

### **ISA Service Board (ISB)**

Laura B presented.

This year's election was to fill two board positions with Traci and Michelle M rolling off the board. One nomination was made and Kira H was elected to join the board. The ISB bylaws state that the board can invite an ISA member to fill an open board position on an interim basis to complete the year. Patti M was invited and agreed to serve on the board until the next election in Q1 of 2026. She appears willing to go through the nomination and election process at that time to continue her service.

We will have three board members rolling off, so we anticipate needing to fill those 3 open positions and for Patti to go through the nomination and election process for her current position. Since we did not fill all of the open positions this year, the board members discussed being more active in recruiting and possibly directly approaching members as we did with Patti or nominating ISA members for election.

## Finances:

- The board reverified ISA's tax-exempt status. The biggest impact of this is to eliminate the taxes on our three Zoom accounts
- We are reducing the role of the ISB treasurer in communications with Camp Allen for the retreat so that things like work orders for room set up are handled by the retreat committee.
- At the last meeting the board addressed overlap between our two insurance policies, a General Liability policy and a Director and Officer's policy. We voted to reduce the D and O coverage, which reduced the cost of that policy by half.
- There has been discussion about the benefit of creating some guidelines to distinguish between official ISA sanctioned events and non-official, events that ISAs may hold which would be relevant to what is covered by insurance.
- The treasurer group has moved our funds to an interest-bearing account.

The board has not had enough discussion about sharing The 12 Gifts of ISA with other groups to make a recommendation

The board has received an inquiry looking for collaboration and participants for a research study related to infidelity. It will be discussed at the next meeting.

The 4<sup>th</sup> quarter meeting will be November 9, 2025.

## ISA InterGroup (IIG)

Megan C presented

**Reporting Period:** May – October 2025

**Prepared by:** Megan (IIG Chair), Theresa (IIG Communications Chairperson)

**For Presentation at:** ISA Roundtable Meeting – October 19, 2025

---

### Overview

Since May, the Intergroup has focused on strengthening communication, refining the service election process, and exploring tools to improve meeting efficiency and record-keeping. Meetings in Q3 and Q4 centered on recruitment for upcoming elections, integrating service opportunities into ISA events, and maintaining transparency between the Intergroup and ISB.

---

### Elections & Service Opportunities

- ISB election passed with **87.5% approval**. Interim board members remain in place until the next cycle in **Q2 2026**.
- The group agreed to **promote nominations early in 2026**, beginning in January, and to highlight service roles at the retreat through panels, posters, and committee displays.
- Plans are underway to discuss integration of **“Service Opportunities”** information into retreat surveys and materials.

### **AI & Administrative Support**

- Due to the secretary vacancy and after taking a group vote, an **AI meeting companion** is temporarily taking minutes.
- Ongoing discussion continues regarding **AI use and anonymity**, with ISB reviewing privacy standards.

### **Record-Keeping**

- Proposal approved to allow meetings to add **service-related language** to scripts while keeping the universal script unchanged. IIG will connect with ILC.
- Discussion on creating a **virtual record-keeping system** for group conscience decisions, likely through Google Docs linked on the website. This discussion arose from a meeting that had made a decision using a group conscience several years ago and some new members were unaware of the history of that group conscience because there was no record. In-person meetings have a notebook in which group conscience results and other things can be documented for the group.

---

### **Continuing Priorities**

- Launch improved **recruitment and election marketing** strategy by early 2026.
- Develop optional **centralized record-keeping** for virtual groups.
- Maintain consistent **ISB–Intergroup communication**.
  - ISB liaison officially joined Q4 meeting with plans to continue on rotating basis at each IIG quarterly meeting. ISB letting Megan and Theresa know who the liaison will be prior to each meeting.
- Continue monitoring and evaluating **AI tools** for secure, effective meeting documentation.

---

## Upcoming Meetings

- **Next Intergroup Meetings (2026):** Jan 12 | Apr 13 | Jul 13 | Oct 12<sup>th</sup>

## ISA Literature Committee (ILC)

Laura M presented.

ILC has completed most work on Steps 2 and 3. The committee has one more vote.

ILC will submit Steps 1-3 to the fellowship for review

The literature approval process has changed. See attached.

IIG now facilitates communication of new literature to the fellowship for comment and returns collected comments to ILC.

IIG no longer votes in the approval process.

We are close to having an ISA-approved 1-2-3 Waltz

## New Meetings Committee

Gaylynn presented.

New Member Committee Update - 10/19/2025

Erin O continues to answer the requests from the ISA website to start a new meeting:

- *Take the matter to prayer seeking a Higher Power's guidance about starting a meeting.*
- *Secure a meeting place and time.*
- *Create an anonymous email account to be posted on the website with the responsibility of responding to questions in a timely manner.*

*We have experienced that having 2 people committed to take responsibility for a meeting is helpful.*

If they meet these criteria- they are passed to Gaylynn:

- Tests and sends the anonymous email and meeting details to the ISA Website Committee

- Helps set up virtual meeting link if needed.
- Adds meeting contact(s) to the ISA Meeting Contact GroupMe
- Addresses any issues that arise before or during meeting setup.

### **New Meetings**

October 8th, 2025

[thepathtowholeness@gmail.com](mailto:thepathtowholeness@gmail.com)

Wednesday's 6:30-8:30 PDT/PST.

Virtual meeting

Female Partners

The Path to Wholeness

Langley, BC Canada

### **Current Meetings**

14 Virtual- 9 Female, 3 Coed, 2 Male

3 In-Person (Dallas, Houston, Utah)

All days of the week except Friday (corrected in meeting that the Friday 11am CT meeting is continuing)

### **ISA Retreat Committee**

Bridgett presented.

The ISA Retreat Committee currently consists of ~15-18 members.

We held our first meeting of the year for the 2026 ISA Retreat on Sept 29 2025, with 10 members in attendance. The Committee will meet once a month for the remainder of the year and will hold two meetings in January 2026. There are several Sub Committees within our group, (Registration, Financial, Speaker, Workshop, to name a few) and they communicate with each other and the Chairperson as needed. This year we do not have an official Chairperson to date, therefore members that have previously held the position (Bridgett and Ronda) will Co-Chair until we have a volunteer for the position.

The 2026 Retreat will be held February 6-8 2026 at Camp Allen in Navasota TX. This weekend is currently for women only and is the 9<sup>th</sup> year ISA has held a Retreat.

This year will be the first year the Committee has their own Treasurer/Financial person and that member will coordinate with the ISB Treasurers directly. Michelle M will do this for this year, particularly communicating with Camp Allen. Beth T will assist.

The Committee is fully self-supporting, separate from the ISB and relies on the funds from the Retreat, mainly from Registration, and from donations from fellow ISA's. We do not promote nor solicit donations.

If anyone has any questions, we will answer them to the best of our knowledge and ability.

Survey results from last year asking about a co-ed retreat show minimal interest with a preference for a one-day retreat for a co-ed option

The committee is happy to help any male ISAs interested in leading a men's only or co-ed retreat by sharing information, experience and support.

The scholarship fund is low this year.

## **ISA Tools Workshop Committee**

Laura F presented.

- How many facilitators are currently active? 10
  - 2 reactivated, 2 back in town so looking to assist, 1 new
- How many facilitators have participated since last meeting? 4 (2 facilitated two!)
- How many Workshops have been conducted since last meeting? 3
  - 24 Attendees (3 scholarships)
  - More workshops scheduled but had to be dropped given Facilitator unavailable
  - Next one scheduled for November 15 (working on details now)
- How many are on the waitlist (not offered spot yet)? Approx. 40 Female 32 Male 8
  - Total on waitlist: 119
    - Approx. 40 have been offered a workshop once
    - Approx 39 have been offered a workshop more than once
    - Approx 31 (about 25% on current waitlist) have requested a women's only workshop
  - Workshops Inquiries last 5 months; Average = 12.4 inquiries per month
    - September 2025: 11 (3 male, 8 female)
    - August 2025: 17 (all female)
    - July 2025: 15 (3 male, 12 female)
    - June 2025: 4 (all female)

- May 2025: 15 (1 male, 14 female)

Additional Information to share:

- Continue with Co-Coordinator model (Rus and Laura F)
  - Division of responsibilities
- Tokens are mailed out to those who indicate on their survey that they want to receive
- Feedback Survey:
  - Survey is sent out to Participants post Workshop completion 6 completed (20%)
  - Responses are summarized in aggregate and communicated to facilitators
    - *The PDF was well structured and the leaders had good commentary to go along with the material*
    - *Information was presented clearly and with intentional care in a nonjudgmental environment.*
    - *I learned information that was helpful for me.*

*The presentation format felt personal and relatable.*

- *It felt like information overload, there was less time to allow shares and discussion because of all the information that had to be covered.*
    - *The visual presentation were great*
    - *Lots of handouts to go to look up for help*
- 100% endorsed that they would recommend the Workshop to other ISAs
- Finance Committee will designate a representative to access RSVPify and Stripe for reporting/reconciliation of account
- Any ideas to gain more facilitator participation?
  - Hold a workshop for how to be an ISA tools workshop facilitator? (like Ronda and Janie did for being an ISA sponsor)
  - Include on survey: “Would you be interested in volunteering to be a workshop facilitator?” then follow up with anyone who says yes?
  - Announce in meetings that we need more Volunteers for this?

## ISA Website Committee

Traci presented.

Traci is still the only member of the committee. She would welcome someone to help. The most recent changes to the website have been adding a new meeting and a meeting needing to change it's time

Traci is working to keep the website updated and is aware it needs some cleaning up. For instance, the sponsor workshop from August is still up. Again, she would welcome help from other ISAs with maintenance.

## Discussion

Bridgett asked regarding the group conscience (GC) record storage – would the virtual meetings send their GC results to a central place? Where? Could they be linked to Google Docs?

- Traci said she thought that could be possible.
- Megan said that we don't want to put too much responsibility onto Traci to maintain records.
- Traci said that the link would likely go to a document that someone else owns or edits so it probably wouldn't be too difficult
- Gaylynn asked about password protection for the documents and raised concerns about maintaining anonymity
- Megan said that there wouldn't be a need for names, just stating the results of GC

Bridgett raised finding ways to incorporate the Tools into the retreat format

- Some tools might fit into mini workshops (similar to the sponsorship workshop last year) – like Betrayal Trauma, Boundaries or Self-care

Gaylynn raised that the amount in the back is \$35,000, which seems high

- Laura B noted that the bulk of the bank balance is for the retreat
- Bridgett clarified that the retreat has money for upfront payments, but that the amount designated was not that high
- Gaylynn emphasized that 12 Steps programs strive to hold minimal balances for to meet needs and that there were likely responsible ways to be using our funds while de-emphasizing worries about costs such as possibly hiring a CPA to do the tax filings and other accounting if needed

Laura F returned to idea of incorporating Tools into the retreat after checking Workshop surveys

- Boundaries, Betrayal Trauma and Self-care are well received topics that could fit into a workshop well
- Could there be handouts about the Tools Workshops at the retreat?
- Laura B asked about the need for more facilitators

- Laura F raised the possibility of an open house meeting at the retreat to demystify service to ISA
- Laura F shared that only 20% of Tools Workshop participants return the surveys
- Laura B stated that there is a general thought (not sure from where) that in many non-profit organizations 20% of the people usually are doing 80% of the work

Laura B asked if interest in the twice-yearly timing for the roundtable was still there because it was harder to get responses about who was attending this time. She wasn't sure if people were busy or less interested.

- Kira asked what the history was
- Laura F suggested that if people were busy perhaps an annual meeting and midyear report would work
- Theresa preferred twice yearly
- Kira preferred twice yearly
- Gaylynn stated that reporting every 6 months is easier than yearly
- Theresa said the meeting is a boost and refreshes her service when she's feeling burnt out
- Laura M said she really appreciates it and was sorry to miss the spring meeting. She prefers twice yearly so she can at least get to one

Bridgett asked about a census of the fellowship

- Laura B said that ISB gets estimates of attendance from IIG
- Gaylynn stated that new meetings need to choose IIG representatives
- Theresa stated that IIG received an inquiry from someone wanting to start a new meeting and referred them to the website. They then received a confusing email.
- Gaylynn reviewed the step-by-step process for the committee in which Erin handles the initial request and then if they proceed Gaylynn works on the next step.
- Theresa asked about information packets being sent to prospective meetings. Gaylynn said she thought it was sent, but that she can resend it.

Laura M asked about the Utah meeting that does not have information on the website about time or location

- Gaylynn said that the Utah meeting started in a therapist's office and was going to move from there. She does not have an updated location.
- Laura M said that she would reach out to the meeting contact.
- Traci said that the meeting might not be in-person.
- Gaylynn stated that there are two meetings in Utah and one of those went virtual

Laura B noted that the retreat committee chair position also seems to need people willing to take it on

- Bridgett shared that two years ago the retreat did not have a chair, she chaired last year because the organization is strong and everyone in the committee does their work
- There may be a focus on recruiting at the retreat for chair and committee members for next year
- The founders of the retreat established a strong foundation

## Takeaways

Laura F noted that there is a need for service in many of the service groups

Gaylynn suggested inviting the person managing the Zoom accounts (Nikki) or at least sending her the reports/summary

Theresa agreed that asking the Zoom coordinator would be helpful

Kira noted that she felt healing participating in the meeting

Meeting adjourned at 4:15pm with the Serenity Prayer

