

Roundtable Meeting Summary Notes

April 12, 2026

3:00pm Central Time via Zoom

Attendees: Laura B (Organizer and Meeting Leader, ILC), Megan C and Theresa (IIG), Bridgett and Karen P (Retreat), Rus (Tools Workshop), Kira (ISB)

Notetaking: Laura B

Meeting was opened with the Serenity Prayer at 3:05pm

Welcome: Laura B

12 Traditions of ISA: Bridgett

Laura B reviewed ground rules for the meeting. Since there were some service groups not represented the time for each Committee/Group's presentation was extended to seven minutes.

Presentations then began.

Presentations

ISA Service Board (ISB)

Kira and Laura B presented.

- Current treasurer, Danielle, will be transferring the role to Kira this month. Kira has gone over the use of our software and has been added to our accounts and she expects to take over by the end of the month.
- Q1 financial reports are not run yet, but will be available after the ISB meeting taking place on April 26, 2026.
- The reporting to the IRS regarding tax years 2024 and 2025 which was meant to change our fiscal year to October 1 – September 30 so that it coincides with the flow of our income was rejected due to not filing it online. There was concern that this would result in fees or penalties. ISB hired a CPA to address this with the IRS. The issue has been resolved and we did not have fees or penalties assessed. We should be able to resume filing via the e-postcard for non-profits.

ISA Intergroup (IIG)

Megan C presented.

Overview

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Since the October 2025 Intergroup meeting, the Intergroup has focused on strengthening communication, preparing for the upcoming election cycle, and increasing awareness and participation in service. Efforts have centered on improving internal processes, supporting home groups, and creating greater visibility around service opportunities across the fellowship.

Key Highlights

Leadership & Operations

- The Secretary position remains vacant. Intergroup continues utilizing Zoom AI Companion for transcription and minute preparation, which has allowed meetings to run smoothly and maintain continuity.
- Representatives were reminded to keep Intergroup/Alternate contact information updated and to ensure Meeting Attendance Reports are submitted accurately to support communication and service board reporting.

Elections & Service Participation

- The Elections Committee has worked to establish clear timelines and structure for nominations, questionnaires, and voting.
- Outreach efforts have focused on increasing awareness and participation, especially surrounding the annual retreat and early in the new year.

Updated Election Status:

- Following the Q1 Intergroup meeting, it was communicated that an additional ISB member unexpectedly stepped down, bringing the total to five open board positions.
- The committee has received four nominees.
- While nominees will likely fill the available positions, the election will proceed as scheduled to ensure the fellowship continues to have an ear, a voice, and transparency in the process.
- ISB bylaws allow for temporary accommodation of any unfilled position until the next election cycle.

Service Opportunities & Engagement

- Continued efforts to increase visibility of service opportunities through:
 - Discussion of website enhancements
 - Integration into retreat materials and communication
- Motion previously passed allowing meetings to add service-related language to their home group scripts, while keeping the universal script unchanged.

- Ongoing emphasis on helping members become more aware of and engaged in service within ISA.

Systems & Communication Improvements

- Continued discussion around improving record-keeping for virtual group consciences, with optional tools such as shared documents being explored.
- Intergroup has emphasized the importance of clear, timely communication between representatives, committees, and home groups.

ISB Liaison Collaboration

- Intergroup has successfully begun rotating ISB liaisons into meetings, which has improved communication, visibility, and connection between the Service Board and home groups.

Continuing Priorities

- Execute a smooth and transparent 2026 election process
- Increase service participation and awareness across the fellowship
- Strengthen communication between Intergroup, ISB, and home groups
- Continue refining systems that support efficiency while maintaining anonymity

Looking Ahead

- Next Intergroup Meeting & ISB Election: April 13, 2026

ISA Literature Committee

Laura B presented.

- 1-2-3 Waltz approval process discussed at the Fall 2025 Roundtable has been delayed as we work out some formatting issues.
- We have developed an online feedback sheet to go out with Steps 1,2, & 3 to help make the process of giving feedback easier for the fellowship and make the process of collecting and reviewing the feedback easier for the ILC.
- We are currently working on editing Step 4, which is a long step, and it's starting out well.
- We have lost some members and are always open to any ISAs joining.
- Sometime in 2026 we hope to have more information on the possibility of registering copyrights or other means of getting more clarity about how to protect the integrity of ISA produced and approved literature when we're using it in public settings such as on our website.

ISA Retreat Committee

Bridgett W presented.

The ISA Retreat Committee currently consists of ~15 members.

We held our first meeting of the year for the 2026 ISA Retreat on Sept 29 2025, with 10 members in attendance. The Committee met once in November, once for a regular meeting in December, and a second meeting for a voting only, and once in January 2026. We have not held our final meeting for the 2026 Retreat wrap up, we anticipate that being held sometime in May 2026.

There are several Sub Committees within our group, (Registration, Financial, Speaker, Workshop, to name a few) and they communicate with each other and the Chairperson as needed. This year we did not have an official Chairperson, therefore members that have previously held the position served as Co-Chairpersons.

The 2026 Retreat was held February 6-8 2026 at Camp Allen in Navasota TX. This weekend was for women only and was the 9th year ISA has held a Retreat.

The 2026 Retreat had a total of 78 registrants, plus the Speaker (Andrea Rogers) and her companion for a total of 80. We did not have a waitlist this year. We had 2 cancellations. Of the 60 rooms; 36 were single occupancy and 24 were double occupancy. A total of 6 Scholarships were given. First time attendees equaled 27.

This year was the first year the Committee had their own Treasurer/Financial person (Michelle M.) and she coordinated with the ISB Treasurers and Camp Allen directly. This worked very well, especially since Michelle M is a previous ISB treasurer.

Financial: Our registration income was \$29368 and retreat expenses were \$27776, with a net income of \$1591. I do not have the total ending balance in our account at this time, however Michelle M does have those numbers. Included in the above totals, some of the breakdowns are as follows:

The Used Book table generated \$240. Scholarship donations were \$1280, our general donation fund received \$1053 and the Speaker fund received \$410.

We budgeted \$400 to be used on Workshops and a total of \$285.50 was used, the remaining supplies were donated by ISA's.

Our donations for our Welcome Bags were significantly less this year.

The Committee is fully self supporting, separate from the ISB and relies on the funds from the Retreat, mainly from Registration, and from donations from fellow ISA's. We do not promote nor solicit donations.

If anyone has any questions, we will answer them to the best of our knowledge and ability.

This was our third year following the Workshop format and it has been well received. A mini Tools Workshop was held, ~15 persons attended and information was given on the ISA Tools Workshop.

We received a general satisfaction of Camp Allen and the facilities. The Agenda and Format received 80% overall satisfaction and the Workshop model received 89% satisfaction. Speaker satisfaction was 95%. We are still working on compiling the survey data and comments.

The 2027 Retreat will be held February 5-7 2027 at Camp Allen and the Retreat Committee will begin reaching out to volunteers this summer for our first meeting, tbd, sometime in September 2026.

As a reminder from the Roundtable; the Retreat Committee is open to placing sign up sheets and providing information regarding Service Positions available. I am happy to coordinate with Megan.

ISA Tools Workshop

Rus presented.

- How many facilitators are currently active 11 (including 1 new; 2 requested deactivate at this time)
- How many facilitators have participated since last meeting? 8
- How many Workshops have been conducted since last meeting? 4
 - Nov 9: Rus and Gaylynn - 10 participants
 - Nov 15: Elena and Patti - 9 participants (one no-show)
 - Dec 7: Ronda and Nina - 9 participants (one cancellation)
 - March 22: Kim and Karen P - 10 participants
 - 38 Attendees
 - Next one scheduled for April 27-28 (working on details now)
- How many are on the waitlist (not offered spot yet)? Approx. 41
Female 35 Male 6
 - Total on waitlist: 118
 - Approx. 3 have been offered a workshop once
 - Approx 53 have been offered a workshop more than once
 - Approx 28 (about 23% on current waitlist) have requested a women's only workshop
 - Approx 16 have been unresponsive to emails

- Workshops Inquiries last 6 months; Average = 11.1 inquiries per month
 - October 2025: 9 (8 female, 1 male)
 - November 2025: 7 (all female)
 - December 2025: 9 (8 female, 1 male)
 - January 2026: 15 (12 female, 3 male)
 - February 2026: 13 (11 female, 2 male)
 - March 2026: 14 (1 male, 13 female)

Additional Information to share:

- Continue with Co-Coordinators model (Rus and Laura F)
- Tokens are mailed out to those who indicate on their survey that they want to receive; Tokens were distributed at ISA Retreat as well
- Feedback Survey:
 - Survey is sent out to Participants post Workshop completion
 - responses are summarized in aggregate and communicated to facilitators
 - *Excellent info. Very helpful.*
 - *I liked the format and length.*
 - *The facilitators did an excellent job. I didn't know what to expect.*
 - *I really appreciated being included (I think this was the first co-ed option). I'm sure in person is preferable, but the virtual option allowed for accessibility. I don't think there are any ISA groups near me, so I was grateful to be able to join virtually.*
 - *Workshop was informative and the presenters were caring, professional and helpful.*
- 100% endorsed that they would recommend the Workshop to other ISAs
- Finance Committee now accessing RSVPify directly so can run reports as needed
- Feedback:
 - Does anyone know of or currently work with a CRM that would allow a free account for non-profits? Exploring more efficient ways of managing the waitlist
 - Always looking for additional Facilitators

Discussion

Laura B apologized for an omission in the ISB report. She shared that the board discussed IIG's use of AI notetaking in the IIG meetings and no one raised concerns.

Bridgett shared more about the information provided about service positions and the descriptions that were attached to the sign-up sheets at the retreat.

Laura B asked Rus what the breakdown of genders was for the four Tools Workshops that had been run.

- There were 2 women only workshops and 2 co-ed workshops.
- Rus tries to schedule at least 1 in 4 workshops to be women only. It depends on the nature of the waitlist at the time. Sometimes there is a large block of ISAs with a strong preference for a women's only workshop.

Karen P shared that concerns were raised during the election that none of the nominees had worked the 12 Steps. She noted that ISA as an organization can't control what people do and requiring the Steps for service is probably not possible, but it would be preferable that those in service and leadership have completed the full 12 Steps.

Theresa asked how ISAs who are interested in facilitating Tools Workshops become facilitators.

- Rus shared that announcements have been made in the meetings and go out on GroupMe. She was not sure when the last announcement was made.
- Theresa suggested that there could be more outreach since it seems like it's been a long while since an announcement went out. She wondered about making them monthly or more regularly.
- Karen shared that there was a time that there were frequent announcements about needing facilitators and it seemed to become white noise that was disregarded. It seems important to find a balance of frequent enough to recruit new facilitators and not too often.
- Karen shared that someone attended a workshop in order to observe for the purpose of becoming a facilitator.
- Rus confirmed that and said it was a great idea, though it is not required in order to be a facilitator.
- Laura asked what the preparation process was once someone indicates they are interested.
- Rus said that someone could observe a workshop, but that they are usually paired with an experienced facilitator who can go over the facilitator's guide with them and help them prepare. She noted that the facilitators' materials are very good and really don't

require a lot of preparation. Really the only “requirement” is that facilitators have attended a workshop.

- Theresa shared that she and another ISA were interested even though they hadn’t attended a workshop and contacted Laura F. While Laura F initially tried to pair them with veteran facilitators, ultimately scheduling didn’t work out and they facilitated a workshop together. She said that it was pretty straightforward and could be done.

Megan shared with Rus that her husband has been researching CRMs and she can share what he’s found. She shared her email in the chat.

- Laura B said that Rus does not need to focus only on free CRMs. She noted that shifting from a saving mindset, without going overboard, is what the board discussed regarding the responsible use of the savings that we’ve accumulated. As ISA becomes a more established organization, we can spend money on the tools we need. Communicating with the finance team about budget needs and thinking responsibly should work to use our funds well.

Bridgett shared that she has two ISAs to facilitate an in-person Tools Workshop in Dallas. She shared her email in the chat so that they can get connected with Laura F.

Laura B asked how the mini–Tools Workshop went at the retreat.

- Bridgett said that she coordinated with Laura F about what to cover, which was Self-Care and Betrayal Trauma.
- She facilitated with one of the ISAs who will be doing the Dallas workshop.
- Rus attended it and said it went very well.
- Bridgett said there were about 15 participants. She thought it might have drawn more if it wasn’t at the same time as the Scream Therapy workshop which drew a lot of people.

When asked about final comments or requests Kira raised the possibility of a non-ISA sponsored live event in Dallas in August around Betrayal Trauma Awareness Day on August 4th.

- She and Bridgett and some others have been talking about how to organize something outside of ISA.
- When Kira asked about letting people know, once something was planned, Bridgett mentioned that the GroupMe is the unofficial communication for ISA members so sending info out there makes sense.
- She said that in the Dallas meeting and Retreat email communication is ‘official ISA’ and GroupMe is more casual.

- Laura stated that since it would be a non-ISA sanctioned event it shouldn't be an official announcement at meetings. It sounds like the frequent pre-retreat dinner that is arranged separately.
- Karen shared that it could also be shared in fellowship since that's after the official meetings end.

Rus mentioned that she had a conflict with the retreat because an APSATS event was taking place at the same time. She asked if anyone had connections with APSATS leadership who could be contacted about trying not to schedule something at the same time.

- Bridgett said that she's in contact with Janice Caduill, who's been involved with APSATS leadership, and she can let her know about the conflict and to try to avoid it in the future. Bridgett noted that Janice refers clients to ISA often, as do other APSATS therapists.
- Karen noted that we have the annual ISA retreat on the same weekend every year, so hopefully APSATS can consider that when they schedule their events since there is so much crossover.