

The 12 Traditions of ISA

1. Our common welfare should come first; personal recovery depends on ISA unity.
2. For our group purpose there is but one authority – a loving Higher Power as It may express itself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for ISA membership is a desire to recover from the traumatic effects of infidelity.
4. Each group should be autonomous except in matters affecting other groups or ISA as a whole.
5. Each group has but one primary purpose – to carry its message to other people who still suffer from the traumatic effects of infidelity.
6. An ISA group or ISA as a whole ought to never endorse, finance, or lend the ISA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every ISA group ought to be fully self-supporting, declining outside contributions.
8. ISA should remain forever nonprofessional, but our service centers may employ special workers
9. ISA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. ISA has no opinion on outside issues; hence the ISA name ought never to be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV. Film, Internet and other public media. We need to guard with special care the anonymity of all fellow ISA members.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

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