

THE TWELVE GIFTS OF ISA

We know from our commitment to recovery and our experience in using the ISA tools, that our lives will be transformed.

1. We will know a new freedom, and we will experience joyful living.
2. We will accept our painful past and find purpose for our future.
3. We will know serenity, experience peace and receive healing in our lives.
4. By sharing our experience, we will see how our courage offers hope to others.
5. We will grow in self-esteem and self-compassion, developing a genuine connection to ourselves and others.
6. We will gain a healthy interest in our own lives and give to others from a place of fullness within.
7. Our perspectives will broaden, and new possibilities will become apparent.
8. We will grow to trust ourselves and learn how to develop relationships with trustworthy people.
9. Our lives will not be dictated by the fear of people or financial instability.
10. A healthy sense of fear will guide us in unsafe situations, we will learn to trust our intuition, and our self-confidence will grow.
11. We will learn to live authentically, finding clarity in what was once confusion and chaos.
12. We will know our Higher Power is working in our lives to accomplish what we cannot do on our own.

Having had a spiritual awakening as a result of working the ISA 12-Step program, we will experience these gifts and see these miracles come true.